



# Learn to race your sailboat at Corinthian Yacht Club!

Corinthian Yacht Club offers several ways to help you get started in sailboat racing or brush up on your skills. The Rookie Rally Educational series provides a solid foundation of racing skills via classroom instruction, hands-on exercised, and on-the-water activities. Our educational committee members are also glad to meet with you to help you work towards your goals!

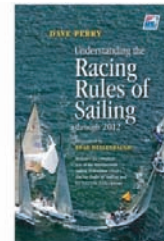
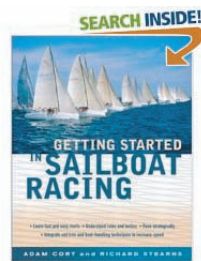
## Corinthian Yacht Club Rookie Rally 2011 Educational Series (it's free!)

Instructor:

Bruce Van Deventer, CYC Seattle  
*bruce.vandeventer@gmail.com*  
(425) 775-9695

Recommended books:

“Getting Started in Sailboat Racing” by Adam Cort and Richard Stearns  
“Understanding the Racing Rules of Sailing” by Dave Perry



**June 6** : “Welcome to the Racecourse”: Walk-through a typical race. Handicap racing, One Design, distance vs. buoy races. Paperwork / organizational requirements. Conduct of a race per RRS. Reading Sailing Instructions. Starting sequence and basic rules

**June 13** : Starting & upwind legs : Rules during starting. Finding the favored end. Standard starting tactics. The advantaged side of the course vs. advantaged side of starting line. Rules when sailing to windward, and at the weather mark.

**June 20** Downwind angles, gybing on wind shifts. Rules when sailing downwind. Leeward mark rounding rules and tactics. Favored end of the finish line. Rules when finishing.

**June 27**: Boatspeed Basics: Foils above and below water. Balance. Main, jib, and rig controls. Windward sail trim in light, medium, and heavy air. Downwind trim. How to read a tuning guide. Basic tuning for keelboats.

All classroom sessions at at CYC’s Shilshole clubhouse, 7755 Seaview Ave NW , 7:00pm to 9:00pm.

### Rookie Rally / Leschi One Design on-the-water training:

We expect to have at least one on-the-water practice session at Shilshole at the end of the series. We also will provide you with the opportunity to come out and help with the Race Committee on a weeknight race, which puts you in the center of the action! You need to have appropriate sailing gear, including a PFD, and basic sailing skills.

**CREWS:** This is a great opportunity to expand your skill base, move to another position on the boat, or start racing your own boat!

Chief Instructor: Bruce is an experienced keelboat and dinghy racer, competing in everything from club races to international world championships. He is also a US Sailing Race Officer and former CYC fleet captain - Race, and also a Level III certified snowboard instructor. He currently campaigns a 505 and a Melges 24.

[www.cycseattle.org](http://www.cycseattle.org)



both books in stock at amazon.com